

## Life Scan Saves Lives Too!

Every employer wants happy healthy employees. The Pinellas County Sheriff's Office has been offering Life Scan to our employees for four years and there have been over 4300 Life Scan appointments to date. We have seen a significant value in providing this service as part of the benefits package. Since the fall of 2012 Life Scan has discovered over 75 significant health concerns in our employees such as heart disease, carotid artery blockages, and brain cancer. Our primary wellness objective is to identify major medical conditions and health risks as early as possible, before the onset of catastrophic consequences. I would highly recommend Life Scan to employers to help protect the long term health and wellness of their employees.

Bob Gualtieri, Sheriff  
Pinellas County Sheriff's Office

LIFE SCAN saved my life the very first time I had a Life Scan physical... They made it very comfortable and the staff was excellent in their knowledge... The people at LIFE SCAN are highly recommended. My cancer was detected so early that my blood work was still normal and I felt really good with no signs or symptoms at all... Thank You to the members and staff of LIFE SCAN. Not only did you save my life but you save the lives of firefighters and police officers every day!

Steve Hagman, Driver/Engineer  
Marco Island Fire Rescue

The health risks that are associated with firefighting are far reaching. Life Scan offers the most comprehensive examination available to our profession. The ultrasound detected the thyroid nodule early in the cancer process and the result was positive. Life Scan changed my life.

Shelby Willis, Fire Chief  
Largo Fire Rescue

Without Life Scan I would not be here today. I probably would have had a major heart attack... Because of the early detection from Life Scan I was back to work light duty in six weeks and back to firefighting in just eight weeks.

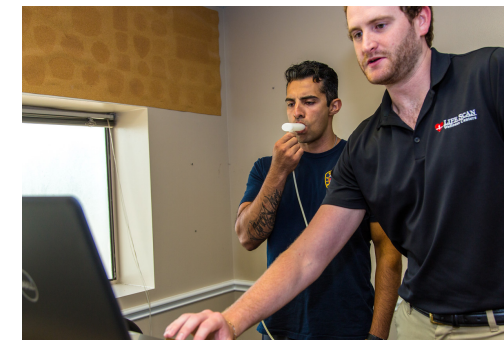
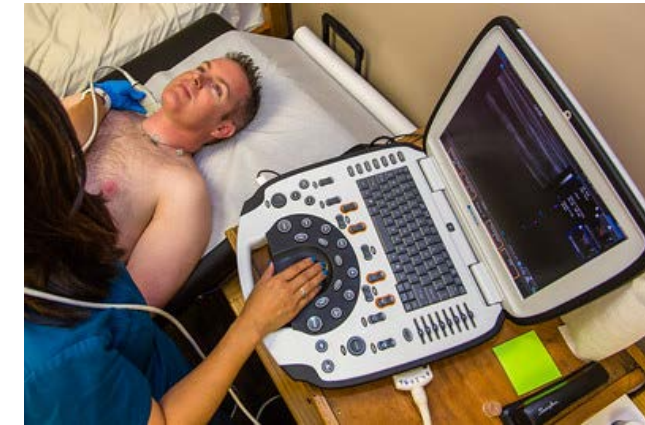
Russell (Rusty) McCord  
Englewood Fire Department

If it were not for this program and these fantastic people at Life Scan, I would not be here to enjoy my family and the rest of my life. Thank you to Life Scan and the Hillsborough County Fire Rescue for this gift of life.

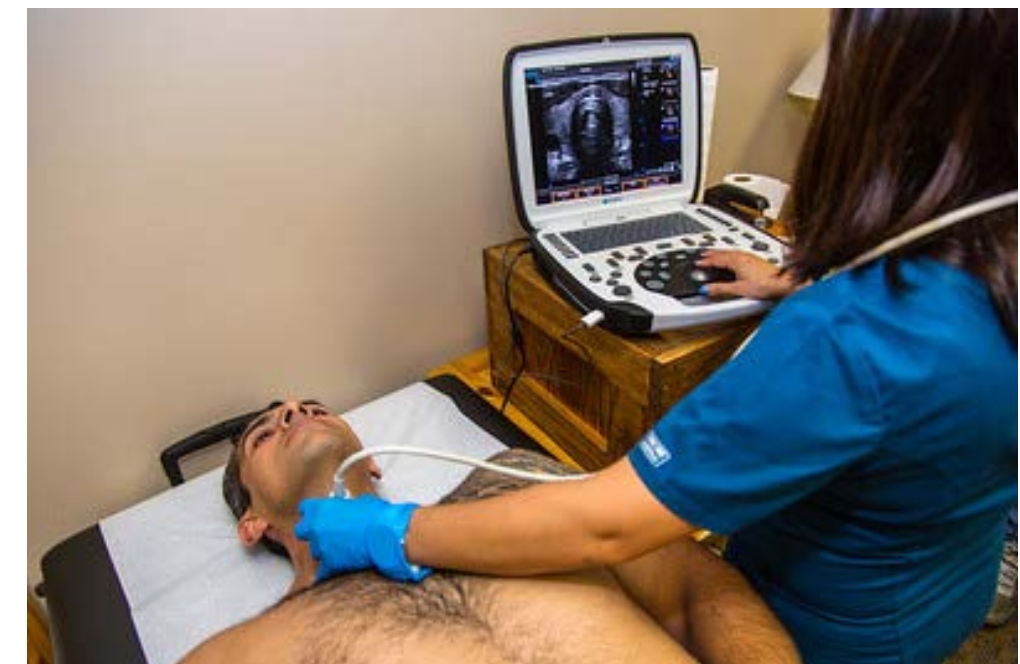
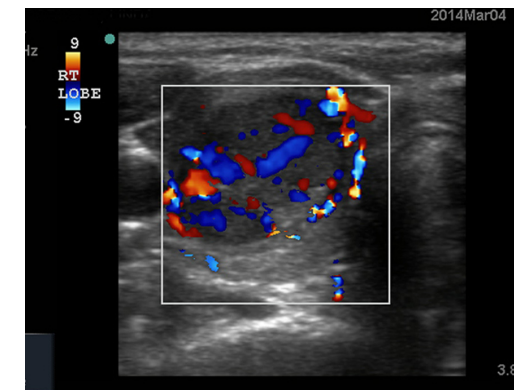
Reed Scott Schenfield  
Hillsborough County Fire Rescue

I would like to thank you and especially Tammy and her fellow medical staff that conducted the examination of me for their thoroughness, care, and concern. I believe that because of the attention to detail this condition was discovered. I strongly recommend that anyone who has the opportunity to have the Life Scan exam accept the offer as I believe it has saved my life.

Ken Perez, Deputy Sheriff, Retired  
Citrus County, Florida



**WE SAVE LIVES  
ASK US HOW**



**LIFE SCAN WELLNESS CENTERS**  
*Saving the Lives of America's Heroes*

**Patricia Johnson, CEO**

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# LIFE SCAN *Saving the Lives of America's Heroes*

## WE PROTECT THOSE WHO PROTECT US

Exclusively designed to meet the unique needs of public safety departments, Life Scan offers police and firefighter occupational health, wellness, and fitness evaluations that focus on early detection and prevention. We will assist your department in complying with OSHA and state guidelines as well as NFPA medical standards; meeting your health and wellness initiatives and going beyond.

### Public Safety Physicals that Save Lives

With a focus on early detection and prevention, Life Scan offers a thorough health evaluation as well as recommendations for achieving and maintaining a long term healthy lifestyle and managing medical risks to prevent fatalities. Each Life Scan exam includes a comprehensive medical evaluation, ultrasound imaging, cardio-pulmonary assessments, vision and hearing test, and extensive laboratory blood profiles.

### Improved Fitness

Our unique 8-level fitness analysis insures that your firefighters and police officers are in top physical condition. Our integrated fitness program includes a state-of-the-art fitness evaluation, a diet and nutritional analysis, and a personalized wellness and fitness plan.

### Cost Containments

Life Scan is a proven, cost-effective solution to reducing the escalating costs of health care and disability, decreasing worker's compensation related diseases and injuries, maintaining a healthier, more productive employee base, and **SAVING LIVES.**

Did You Know that Heart Attacks, Stroke, Aneurysms, and Cancer can be Detected and Prevented?



Life Scan is a great partner at the Jacksonville Sheriff's Office, helping me to protect the health of my Officers. When my Officers are healthier, so is the health and safety of Jacksonville."

Congressman John Rutherford  
Sheriff John Rutherford, Ret.  
Jacksonville Sheriff's Office



"Life Scan Wellness Centers has served our agency for over 12 years. Their staff has detected and identified several very serious health conditions. These range from cancer to a near fatal heart condition. The health and well being of my staff is my top priority."

Sheriff Jeffrey J. Dawsey, Ret.  
Citrus County Sheriff's Office

## LIFE SCAN WELLNESS PROGRAM

### Comprehensive Medical Exam

- Hands on Physical Exam
- Vital Signs
- Occupational Vision and Hearing Tests
- Consultation with review of results and a personalized health plan

### Ultrasound Imaging

- Echocardiogram (Heart Scan)
- Aorta for Aneurysms
- Carotid Arteries for Stroke
- Abdominal Organs for Cancer and Diseases
- Thyroid for Cancer

### Cardio Pulmonary

- Cardiac Treadmill Stress Test with EKG
- Electrocardiogram
- Pulmonary Function Test (Spirometry)  
OSHA Respiratory Clearance

### Laboratory Analysis

- Comprehensive Metabolic Panel (24 panel including kidney, liver & met functions)
- Complete Blood Count
- Total Lipid Panel (cholesterol panel)
- Thyroid Panel (TSH with reflex to T4)
- Hemoglobin A1C & Glucose for Diabetes
- Colon Cancer Screening
- Skin Cancer Screening
- Urinalysis
- Men: PSA Prostate Cancer Test
- Men: Testosterone Metabolic Marker
- Women: CA-125 Ovarian Cancer Test

### Police & Firefighter Fitness Analysis

- Metabolic Analysis
- Strength, Endurance, and Flexibility tests
- Diet and Nutritional Recommendations
- Personal Exercise & Plan Wellness



"Since 2012 Life Scan has discovered over 75 significant health concerns in our employees such as heart disease, carotid artery blockages, and brain cancer. I would highly recommend Life Scan to employers to help protect the long term health of their employees."

Sheriff Robert Gualtieri  
Pinellas County Sheriff's Office  
**2019 NSA Sheriff of the Year**



"To have the opportunity to have something so comprehensive as Life Scan and to identify problems that officers may not know about and have them treated before they become life threatening... it is just incredible. I am so glad that the City of Tampa has partnered with Life Scan to keep all of my officers safe and healthy."

Tampa Mayor Jane Castor  
Police Chief Ret. Tampa Police Department