

LIFE SCAN WELLNESS CENTERS

1011 North MacDill Ave Tampa, FL 33607

Phone: (813) 876-0625

Date of exam:

Patient Name:

Date of Birth:

Department Name:

To Whom it May Concern,

Life Scan Wellness Center is an occupational health practice that completes screening exams for firefighters and police officers. These exams are used to determine whether they are fit for duty in their current roles. When an abnormality has been identified we refer them for additional medical evaluation and clearance.

Please evaluate the employee's ability to meet the following requirements, based on the employee's current illness/injury. Documentation of the illness/injury has been provided to the patient and patient was instructed to bring that information with them for physician evaluation.

Illness/Injury/Ailment needing review:

***As the treating Physician, I, (Physician name printed) _____ have been furnished with a copy of the NFPA 1582 15 essential job tasks (see Appendix A, attached)**

***After evaluating the patient and reviewing the 15 essential job tasks mentioned above, I hereby authorize the above-named patient to return to full duty, with no restrictions, on ____/____/____.**

Physician Follow-up Recommended:

Please check off how often the patient must follow-up with you and obtain a clearance letter to maintain their fit for duty status based on the information provided

☐ **Annually** ☐ **Every Other Year** ☐ **Upon Changes/Progression**

Physician Signature: _____
Physician License #: _____
Clinic/Hospital Name: _____
Clinic/Hospital Address: _____
Clinic/Physician Phone #: _____

***Note: Life Scan Wellness requires clearance every 2 years for any heart or lung issues*

***If you do not require a follow-up this frequent to maintain their fit for duty status, please specify below.*

*****To update duty status a copy of this form should be faxed to:**

Life Scan Wellness Centers

Fax number: (813)876-0653

Email: Pinellas@lifescanwellness.com

1011 N MacDill Ave
Tampa, FL 33607
(813)876-0625

11200 Seminole Blvd, Ste 100
Largo, FL 33778
(727)258-4818

4130 Salisbury Rd, Ste 2400
Jacksonville, FL 32216
(904)296-1790

Essential Job Tasks and Descriptions.

- (1)* Wearing personal protective equipment (PPE) and self-contained breathing apparatus (SCBA) while performing firefighting tasks (e.g., hose line operations, extensive crawling, lifting and carrying heavy objects, ventilating roofs or walls using power or hand tools, forcible entry), rescue operations, and other emergency response actions under stressful conditions, including working in extremely hot or cold environments for prolonged time periods
- (2) Wearing an SCBA, which includes a demand-valve-type positive-pressure facepiece or HEPA filter mask, which requires the ability to tolerate increased respiratory workloads
- (3) Exposure to toxic fumes, irritants, particulates, biological (i.e., infectious) and nonbiological hazards, or heated gases, despite the use of PPE and SCBA
- (4) Climbing at least six flights of stairs or walking a similarly strenuous distance and incline in jurisdictions without tall buildings while wearing PPE and SCBA, commonly weighing 40–50 lb (18–23 kg) and carrying equipment/tools weighing an additional 20–40 lb (9–18 kg)
- (5) Wearing PPE and SCBA that is encapsulating and insulated, which will result in significant fluid loss that frequently progresses to clinical dehydration and can elevate core temperature to levels exceeding 102.2°F (39°C)
- (6) Working alone while wearing PPE and SCBA, searching, finding, and rescue-dragging or carrying victims ranging from newborns to adults weighing over 165 lb (75 kg) to safety despite hazardous conditions and low visibility
- (7) While wearing PPE and SCBA, advancing water-filled hose lines up to 1 3/4 in. (45 mm) in diameter from fire apparatus to occupancy [approximately 150 ft (50 m)], which can involve negotiating multiple flights of stairs, ladders, and other obstacles
- (8) While wearing PPE and SCBA, climbing ladders, operating from heights, walking or crawling in the dark along narrow and uneven surfaces that might be wet or icy, and operating in proximity to electrical power lines or other hazards
- (9) Unpredictable, prolonged periods of extreme physical exertion as required by emergency operations without benefit of a warm-up period, scheduled rest periods, meals, access to medication(s), or hydration
- (10) Operating fire apparatus or other vehicles in an emergency mode with emergency lights and sirens
- (11) Critical, time-sensitive, complex problem solving during physical exertion in stressful, hazardous environments, including hot, dark, tightly enclosed spaces, that is further aggravated by fatigue, flashing lights, sirens, and other distractions
- (12) Ability to communicate (i.e., give and comprehend verbal orders) while wearing PPE and SCBA under conditions of high background noise, poor visibility, and drenching from hose lines or fixed protection systems (e.g., sprinklers)
- (13) Functioning as an integral component of a team, where sudden incapacitation of a member can result in mission failure or in risk of injury or death to members of the public or other team members
- (14) Working in shifts, including during nighttime, that can extend beyond 12 hours
- (15) Performing EMS tasks, such as CPR or lifting or moving patients, while wearing PPE and respirators required by jurisdiction.